

**Valley Club** 12.99

Turkey, cheddar, bacon, lettuce, tomato & mayo on choice of bread

**Turkey Apple Brie** 11.99

Turkey, brie, Granny Smith Apple, red onion & raspberry mayo on a hoagie

**BLT** 10.99

Applewood smoked bacon, lettuce, tomato & dill-shallot aioli on choice of bread  
\*Add an Egg \$1.99 Add Blackened Shrimp \$6

**Cheesesteaks**

\* **Steak 14.99 Chicken or Veggie 13.99**

Mushrooms, onions, peppers & American cheese on a hoagie

**Blackened Chicken Pita** 13.99

Blackened chicken breast, hummus, lettuce, tomato & red onion \*Sub Shrimp for Chicken \$1

**Grilled Reuben**

**Corned Beef 15.99 or Turkey 13.99**

Sauerkraut, Swiss & 1000 Island on marbled rye

**Grilled Cheese** 9.99

Choice of American, cheddar, pepper jack or Swiss on choice of bread

**Grilled Vegetable Wrap** 10.99

Hummus, feta, tomato, lettuce & roasted mixed vegetables on garlic herb wrap.  
\*Add grilled/blackened shrimp or chicken \$6

**Market Burger** 16.99

Two 4oz smash burger patties with your choice of cheese & toppings. Would you like lettuce, tomato, onion, pickle, mayo, mustard & ketchup? Sub black bean burger upon request.

**Roast Beef & Cheddar** 13.99

Hot roast beef, cheddar & horseradish sauce on a Kaiser

**Fried Chicken Sandwich** 14.99

Crispy fried Chicken on a brioche bun with house made pimento cheese, tomato jam and hot honey.

**Roast Beef Pita Melt** 14.99

Grilled roast beef, roasted red peppers, pepper jack cheese, shredded lettuce, tomato & creamy horseradish sauce

**Deli Salad Sandwich** 12.99

**1/2 Deli Salad Sandwich** 8.99

Southern Chicken Salad (egg, sweet relish & celery), Paul's Chicken Salad (golden raisins, dill, pecans, celery & onions), Egg Salad or Tuna Salad on choice of bread.

*sides*

All sandwiches include House Chips Pasta Salad or Potato Salad. PREMIUM SIDES \$3 - Fresh Cut Fries, Side Salad or Cup of Soup\* (\*Additional charges may apply for select soups). Bread choices include sourdough, multigrain & marbled rye. Wrap or gluten free bread/bun/wrap \$1.



LUNCH SERVED 11-4

*soup*

**Tomato Basil Bisque** Cup 5 Bowl 7  
**Soup of the Day** Cup or Bowl

*salad*

**House Salad** 9.99

House greens, tomato, cucumber, red onion & cheddar cheese

\*Add grilled/blackened shrimp or chicken \$6

**Greek Salad** 11.99

House greens, tomato, cucumber, Kalamata olives, green olives, bell pepper, pepperoncini, red onion & feta cheese.

\*Add Blackened Shrimp or Chicken \$6

**California Chef** 13.99

House greens, tomato, cucumber, bell pepper, Swiss, golden raisins, sunflower kernels, dried cranberries, red onion & turkey

\*Sub grilled chicken \$2

**Deli Cobb Salad** 15.99

House greens, tomato, bacon, cucumber, hardboiled egg, blue cheese crumbles & avocado. Choice of grilled/blackened shrimp or chicken

*Ranch, Balsamic Vinaigrette, Fat-Free Raspberry Vinaigrette, Blue Cheese, Italian, Honey Mustard, 1000 Island & Greek Vinaigrette*

*kids menu (12 & Under)*

**Kids Breakfast 3** 6.99

Pick one: 1 pancake or French toast sticks

Add a protein: 1 scrambled egg, 1 piece of bacon or 1 sausage patty

Choose a side:

sliced banana, fresh fruit, green apple slice

**Mini Market Burger** 9.99

One 4oz smash burger w/ cheese on a brioche bun

**Fried Chicken Strips** 9.99

One chicken breast, fried & cut into strips

**Turkey & Cheese Sandwich** 6.99

**Grilled Cheese Sandwich** 6.99

**PB & Grape Jelly Uncrustable** 6.99

Lunch items include one: chips, fries, apples, potato salad or pasta salad

*beverages*

Fountain Drinks (Pepsi products) 4

Fresh Brewed Tea 4

Natalie's OJ or Strawberry Lemonade 5

Cranberry or Grape Juice 3

Milk or Chocolate Milk 5

Flavored San Pelligrino 4.50



**BREAKFAST SERVED 7:30-4**

*classics*

Served with toast or biscuit, stone ground grits or homestyle potatoes (w/ peppers & onions). Substitute a premium side (fresh fruit, sliced tomato or avocado half) \$1. Substitute English Muffin or Sourdough bread for toast \$1. Sub egg whites on any dish \$2

**Southern Sunrise\*** 11.99  
Two eggs cooked your way with choice of link or patty sausage, bacon, city or country ham.  
3 Eggs + \$1

**BYO Omelet** 14.99  
Choose a cheese, and 3 fillings. Additional protein \$1.50 each. Additional veggies or cheese \$0.75 each.

Protein - link sausage, patty sausage, turkey sausage patty, bacon, or city ham

Veggies - Spinach, mushroom, tomato, onion, bell pepper, roasted veggies, homestyle potatoes

Cheese - feta, cheddar, pepperjack, American, Swiss, pimento cheese

*bowls*

**Jetty Bowl\*** 15.99  
Hearty base of grits or homestyle potatoes, eggs your way, cheddar cheese, scallion & tomatoes. Choose one; patty sausage, bacon, city or country ham. Choose toast or biscuit.

**Corned Beef Hash\*** 14.99  
House made corned beef homestyle potatoes, onions & bell peppers. Topped with 2 eggs cooked your way. Choose toast or biscuit.

**Big Bertha\*** 14.99  
Fresh buttermilk biscuits with scratch made sausage gravy. Topped with two eggs your way. Add a fried chicken breast for \$6

*lighter fare*

**Acai Bowl** 12.99  
Acai, sliced bananas, house granola, fresh fruit, toasted coconut, chia seeds & choice of peanut butter or Nutella drizzle.

**Avocado Toast** 14.49  
Local sourdough, avocado, radish, cucumber, everything bagel seasoning & tomato. Served with fruit or local mixed greens tossed in a lemon vinaigrette.  
Add an egg cooked your way\* \$1.00 or bacon for \$1.50

*espresso drinks*

Sailor's Delight 12  
Coffee, Kahlua, Bailey's & Frangelico (hot or iced)  
Cappuccino 6  
Latte (hot or iced) 6  
Espresso 4  
Add a flavor 1  
(Vanilla, Caramel, Seasonal)  
Sub Oat Milk 1



**Cinnamon Rolls**

8.99 Add extra Icing .50

*handhelds*

Includes stone ground grits or homestyle potatoes. Bread choices are buttermilk biscuit, white, wheat or rye toast. English muffin or Sourdough \$1

**No Wake Zone** 14.99  
Crispy fried Chicken on a fresh buttermilk biscuit with house made pimento cheese, tomato jam and hot honey.  
Add a fried egg\* \$1 Add bacon \$1.50.

**Not Your Mama's Bologna Sandwich** 14.99  
Fried Bologna, egg your way, dill pickle chips, American cheese, house chips, mayo & mustard on a brioche bun.

**BYO Breakfast Sandwich\*** 12.99  
Start with a fried egg, then choose:  
1 protein - link or sausage patty, turkey sausage patty, bacon, city or country ham  
1 cheese - American, Swiss, pepper jack or cheddar, pimento cheese

*sweet & savory*

**Buttermilk Pancakes** 9.99  
Classic double stack with butter. Our unique recipe requires a couple extra minutes to prepare. It's worth it!  
Add bananas, berries, chocolate chips \$.50  
Add peanut butter or Nutella drizzle \$1

**Make Em' Bacon Pancakes** 11.99  
Classic double stack made with crispy bacon inside and on top.

**Fried Chicken & Pancakes** 15.99  
Classic double stack topped with crispy fried chicken & Texas Pete maple syrup.

**Walk the Loop** 17.99  
2 eggs your way, grits or homestyle potatoes, choice of buttermilk pancakes or French toast, & two proteins. Choose from city or country ham, bacon, link or patty sausage.

**French Toast** 11.99  
Thick cut Fred's Sourdough Bread French toast with cinnamon and whipped cream.

*Gluten free pancakes, bread, bun or wrap can be substituted on any dish for \$1*

*\*Eating raw or undercooked eggs may increase your risk of foodborne illness.*

*mimosas & bloody's*

**Tito's Bloody Mary** 11  
Zesty tomato mix in an Old Bay rimmed glass, garnished with lemon, olives & celery

**Big Daddy Mimosa** 11  
12oz pour of our bubbles on tap with a splash of orange juice

**\*\*Please check out our full beverage menu for additional selections**